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techniques used in the Mulligan Concept, developed by world renowned manual therapist Brian Mulligan. The Mulligan Concept has become one of the most popular manual therapy techniques for musculoskeletal disorders. It utilizes NAGS (Natural Apophyseal Glides), SNAGS (Sustained Natural Apophyseal Glides) and MWMS (Mobilisations with Movement), for the spine and extremities used to treat a myriad of musculoskeletal ...

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Brian Mulligan, FNZSP, Dip MT, originated and

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developed by the concept of combining accessory mobilizations with physiological movements in the extremities (MWMs). In the spine, he promotes the use of natural apophyseal glides (NAGs) and sustained natural apophyseal glides (SNAGs).

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The Mulligan Concept utilizes NAGS (Natural Apophyseal Glides), SNAGS (Sustained Natural Apophyseal Glides) and MWMS (Mobilisations with Movement) to treat a myriad of musculoskeletal conditions. Written by one of the world's foremost experts of manual therapy, Brian Mulligan.

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Manual Therapy 'Nags', 'Snags' and 'Mwms' by Mulligan, Brian R. and a great selection of related books, art and collectibles available now at AbeBooks.co.uk.

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Description. The Mulligan Concept has become one of the most popular manual therapy techniques for musculoskeletal disorders. It utilizes NAGS (Natural Apophyseal Glides), SNAGS (Sustained Natural Apophyseal Glides) and MWMS (Mobilisations with Movement), for the spine and extremities used to treat a

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Mulligan Concept. Initially trained by Kaltenborn, Brian Mulligan took traditionally sustained translations and added patient generated active movement to achieve pain free movement and function. Brian Mulligan's concept of mobilizations with movement (MWMS) in the extremities and sustained natural apophyseal glides (SNAGS) in the spine were revolutionary due to this concurrent application of both therapist applied forces

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NAGs and SNAGs are mobilisation techniques and are used as part of the Mulligan Concept. NAGs are used on the cervical spine (neck) as well as the upper thoracic spine (upper back). SNAGs are used throughout the spine, rib cage and sacroiliac joint (tail bone). They are also used to treat limb problems that have occurred as a result of spinal problems. SNAGs are gliding mobilisations and should be performed pain free. NAGs mobilise

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The official International Web Site The
Mulligan Concept of Mobilisation with
Movement (MWM) is a unique manual therapy
treatment approach combining mobilisation
with active movement or function.

Fundamentally a patient's pain, restriction
or functional loss is eliminated when
appropriate mobilisation forces are applied
during movement.

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Mulligan Concept - Manual Therapy

"Manual Therapy "NAGS", "SNAGS", "MWMS", etc'

(2003) for Physiotherapists. 'Self Treatment
for the Back, Neck and Limbs' for Public.

Description. NAGS- Natural Apophyseal Glides.

SNAGS - Sustained Natural Apophyseal Glides.

MWMS- Mobilization with Movements.

Mulligan Concept - Physiopedia

Plane View Services was first established by
Brian Mulligan, the developer of the Mulligan
Concept of Manual Therapy in 1984. The
company was created to sell Brian's textbooks

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on his concept "Manual Therapy NAGS, SNAGS
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patients with pain or stiffness of Cx 5/6 and
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About the Author Brian Mulligan originated and developed the concept of combining accessory mobilizations with physiological movements in the extremities (MWMS). In the spine, he promotes the use of natural apophyseal glides (NAGs) and sustained natural apophyseal glides (SNAGs).

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Mobilization with Movement manual therapy techniques were discovered and developed by Brian Mulligan F.N.Z.S.P. (Hon), Dip. M.T., Wellington, New Zealand. This simple yet

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effective manual approach addresses
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